

# S. U. News

The newsletter for Ealing Service Users

## HAPPY NEW YEAR

Service Users certainly got into the party mood last month with seasonal bashes at the Cafe, EACH and a full Christmas lunch for Foundations of Recovery clients.

The Social Club party on the 21<sup>st</sup> of December was so well attended it was hard to get through the door. Festive amusements included pass the parcel



and the traditional general knowledge quiz. Sarah Parkin was asking the questions and the formidable partnership of Danny Woods (below left) and Chris Wait took the honours. Masses of food and good company, what more could you ask for.

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The following Monday EACH provided their traditional blend of music, seasonal brain teasers and controversial scoring.



As usual Al (wearing a very festive sweater) provided the music and Lindsay asked the questions.

Honours were shared this time between the Women's Group and the Peer Volunteers.



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Christmas came once again and the Foundations of Recovery (FoR) team could not wait to pull out all of the Christmas stops and cook up a massive dinner for all of the FoR members.

Everyone had big smiles on their faces as they tucked into their Christmas dinner, swapped festive tales and laughed merrily along with their peers and staff members.



The festive spirit was strong, and everyone did their bit to set up the table and clean up, choose Christmas songs and I don't think I have seen a roast so well carved! The FoR team would like to thank everyone who was there for making it an excellent dinner. For anyone interested in joining the group, the team would like to invite you to an Open Day on 15 January 2014 at 2pm. The new 12 Foundations Of Recovery Programme will start on 21 January 2014.



#### About Your Newsletter

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Please note our change of e-mail address, see below.

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