

S. U. News

The newsletter for Ealing Service Users

131 has its own EASTER PARADE!!



The winning entries in the egg decoration competition

We all had a great Easter here at the 131 Social Club, as you can see by the photos there was some great artistic work on show. There was plenty of extra food to go round due to the fact that nearly everyone was more than happy to bring some goodies that they had either brought or made to help make this a special week-end.



I have a great volunteer team who did not mind working over the Easter Holiday's for which I was very grateful, and the amount of effort that they put in was really phenomenal, one volunteer even made up little goodie bags. to hand out to everyone.

We had our Big Cheese Tim Sampey pop in with his lovely better half and his cute as a button daughter, they came in to pick the winning eggs. I would like to say thank you to Tim and his family for stopping by on their way to visit their own families. (We may take up Ella (Tim's daughter) as our mascot).



I would like to take this opportunity to say a great Big Thank-You to all my staff and to all our lovely guests that attended our little Easter Gathering.

If there are any special days that you would like to celebrate have a word with me and given enough notice we will see what we can do. - Linda Chan



We've got a music workshop up and running (or should we say playing!) at the Café every Sunday 1-30 to 4pm.

Currently we have a selection of guitars and a keyboard, and will be adding drums and bass when we can raise some funds (or get a record deal!!!!).



So- if you have any musical aspirations, or even better, talents, come and join us. Making music is a lot of fun, and playing together even more so!

Maybe we can even get a band going, they have two at BoB in K&C, so anything's possible!

Chris Wait who's running the group, and describes his musical ability as "adequate", can be contacted on 07710 353000 if you want any info-, but just pitch up, bring an instrument if you have one, and join in.

Service User Voice

The monthly Service User meeting for all Ealing RISE Service Users is held at the Social Café on the 2nd Tuesday of each month 2-30pm to 3-30pm (£5 voucher for attendees).

The next three dates for your diaries are:

- 13th May
- 10th June
- 8th July

Free Social Activities

29th May - Kew Gardens the Azalea Gardens and peonies will be particularly colourful at this time of year.

30 places, children welcome (it is half term!)

Call Sean Kelly on 07858400543 for more details, to book a place and to get confirmation of dates and times.

About Your Newsletter

If you would like to provide articles on what's happening to drug and alcohol services in Ealing or help edit the newsletter please let us know, contact details below.

If you wish to be included on our e-mail mailing list, please e-mail "newsletter" to the e-mail address below, conversely if you no longer wish to receive the newsletter, e-mail "stop" and we will remove you from our list.

Privacy Policy: At no time will your details be passed to a third party and if you wish to unsubscribe from the newsletter your details will be permanently removed from our database.

Thought for the week!

Obstacles are things you see when you take your eye off the goal. E J Cassman

Courtesy of Steve Mc George

Ealing Service Users Newsletter text: 07510205872

e-mail: ealingsurge@gmail.com

write to : SURGE 131 Uxbridge Road, London W13 9AU